

Music Therapy Overview

What is Music Therapy?

Music Therapy is an established healthcare profession that utilizes music and music interventions to address the cognitive, social-emotional, communication, and physical motor skills in a multisensory environment. Services are provided by a Board-Certified Music Therapist who has completed an approved music therapy program. Music therapy services are based on each client's individual abilities, noting preferences, needs, the family's values, beliefs, and priorities. Music therapists work in partnership with clients, families, and teams.

Pediatric Music Therapy at Tallahassee Memorial Healthcare

- Medical Services on the Pediatric Unit, Pediatric Intensive Care Unit, & NICU
- Cotreating Services at TMH Outpatient Rehabilitation Center
- Little One's Weekly Developmental Music Class
- NICU Graduate Follow Up Program
- For more information please visit: <https://www.tmh.org/services/music-therapy>

Community Resources

Capital City Music Therapy

Provides Individual Music Therapy sessions and offers a Little Ditties Early Learning Program.

Learn more on their website:

<https://www.capitalcitymusictherapy.com/>

P: (850)-391-8644

E: michelle@capitalcitymusictherapy.com

Healing Hearts Music Therapy

Offers Individual/Family Music Therapy sessions, adaptive lessons, child development programs, youth outreach, and other various programs for all stages of development and life.

Learn more on their website:

<http://www.healingheartsmusictherapy.com/>

P: (229)-400-0722

E: administrator@healingheartsmusictherapy.com

